

28-DAY WORD CHALLENGE

If you've been feeling stuck or uninspired lately, perhaps a month of play is just the ticket to revive your regular writing practice. Schedule a freewriting session each day in February, using the words below as your springboard for each freewrite. (You can go in order or make a list, cut them out, and pull one out of a hat each day for more spontaneity.)



1 Tension	2 Spark	3 Blossom	4 Drown
5 Eject	6 Fizzle	7 Erupt	8 Pitch
9 Classified	10 Skeleton	11 Pop	12 Blunt
13 Cost	14 Heart	15 Flounder	16 Thread
17 Beam	18 Surrender	19 Glow	20 Thrive
21 Decay	22 Embrace	23 Precedent	24 Rumor
25 Trade	26 Crush	27 Tame	28 Owe